

**Traditional (Appalachian Categories)
Rules & Guidelines
NCHC Sanctioned/Preliminary Rounds
Smithville Fiddlers' Jamboree
As of January 2025**

Precision (4 or More Couple)

Dancers: Minimum of 8 Dancers - Any combination of males and/or females. May dance with a hole if necessary.

Figures: Couple orientated dance. A variety of figures and formations recommended.

Steps: Dancers must always be in step with each other. A progressive step change allowed.

Movement: This dance is intended to be performed as couples while doing figures and formations.

Music: Bluegrass, traditional or hoedown music with or without vocals. Country music not allowed.

Time Limit: Maximum 5 minutes

Hoedown (4 or More Couple)

Dancers: Minimum of 4 Couples - Any combination of males and/or females. May dance with a hole if necessary.

Figures: Couple orientated dance. A variety of figures and formations recommended

Steps: Hoedown and freestyle steps while performing dance. Dancers must not start simultaneously. No dancer intentionally in step with any other dancer.

Movement: This dance is intended to be performed as couples while doing figures and formations.

Music: Dancers **MUST** dance to the LIVE Band. Recorded music is not allowed.

Time Limit: 5 minutes

Traditional Line

Dancers: Minimum of five dancers - any combination of male and/or female.

Steps: Footwork must be traditional style steps - drag slide clogging. Line dance is a category whose choreography is for one person, but danced by many, no progressive step changes.

Movement: No hand or head choreography. All dancers must face the same direction at the same time. No dancing as couples; no individual freestyle dancing. No trading, twisting, passing through, bending, rotating, making V's, forming columns or interaction of lines. No body contact. No moves that appear to be show or stage production oriented. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels, or flips. May clog on and off stage now.

Music: Traditional, Bluegrass, Western, Hoedown or Country Music with or without vocals

Time Limit: 4 minutes

**Traditional (Appalachian Categories)
Rules & Guidelines
NCHC Sanctioned/Preliminary Rounds
Smithville Fiddlers' Jamboree
As of January 2025
(Continued)**

Duo Clogging

Dancers: Any combination of male and/or female.

Steps: Footwork must be traditional styled clogging steps, i.e., drag-slide, buck or flatfoot (No Modern clogging steps, double-doubles, tap, Canadian step, etc.) It will be at the judge's discretion to determine the authenticity of traditional footwork. Footwork and dance must be precision oriented. No individual rise and shine or acrobatics are allowed.

Movement: Dancers should dance as a couple, hands joined as much as possible and use plenty of interaction and couple turns. Dancers are encouraged to use the entire stage showing the ability to move as a unit.

Music: Dancers will perform with a live band and can set the temp/speed prior to competing. The band will play an 8-beat intro then play a traditional song with thirty-two beat sections until the couple wave and double step in place at which time the band will wind down the music.

Time Limit: 1 ½ minutes (90 seconds)

****ABSOLUTELY NO PROFANITY, INAPPROPRIATE
LYRICS OR BODY MOVES****